

# GREENWICH WATER POLO



presents its  
**ELITE**  
**Winter Session**

## for 8th-12th Grade Girls

### For PEAK POLO SHAPE!

**November 29, 2011 - February 12, 2012**

- TWO HOUR SESSIONS:** Tuesdays, 5-7:00 pm & Sundays, 10 am-noon
- TRAINING THE COMPLETE ATHLETE:** Dry-land & in-pool instruction
- COLLEGE LEVEL MENTORING:** Division One Coaching Team
- DEVELOPING THE COMPLETE PLAYER:** Video Instruction & Review
- THEMED SESSIONS:** Defending the Drive to Proper Shooting Body Position
- FOR THE 8TH GRADE-HIGH SCHOOL GIRL PLAYER:** Quick, Engaging Sessions

## WINTER SCHEDULE

### Tuesdays 5-7:00 pm

\*November 29 (5:30-7:30 pm)  
December 6  
December 13  
January 3  
January 10  
January 17  
January 24  
January 31  
February 7

### Sundays 10 am-Noon

\*December 4 (Noon-2 pm)  
December 11  
January 8  
January 22  
January 29  
February 5  
February 12  
\*exceptions

Dear Elite GWP girls,

I'm so excited to work with a new group of emerging water polo stars.

Join me this winter to take your game to Division One level for the Spring Season.

See you in the pool!



**Brian Kelly**  
Div. I Head Coach  
Iona College

Register online at:

[www.greenwichwaterpolo.org](http://www.greenwichwaterpolo.org)

Cost: \$380

For more information,  
contact Sue Carlson at  
[suecarl@optonline.net](mailto:suecarl@optonline.net);  
203-637-9141

**GWP... Having a Ball!**  
since 1998